



New Zealand Dietitians Board

Te Mana Mātanga Mātai Kai

Products Dietitians can Prescribe

The following subsidised products are able to be prescribed by Registered Dietitian Prescribers.

Always check the latest [PHARMAC Schedule](#) for updates to the current list of subsidised products, before prescribing as products and /or brand names can change.

Note some products need a Special Authority (SA). Some products have a dose restriction or maximum per prescription.

Special Foods

All – see [PHARMAC Special Foods Schedule](#)

Vitamins

Vitamin B

PYRIDOXINE HYDROCHLORIDE (B6)

Tab 25 mg

Vitamin B6 25

Tab 50 mg

Pyridoxine Multichem

THIAMINE HYDROCHLORIDE (B1)

Tab 50 mg

Max Health (to be delisted 1 April 2023)

Tab 50mg

Thiamine Multichem

VITAMIN B COMPLEX

Tab, strong, BPC

Bplex

FOLIC ACID

Tab 0.8 mg

Folic Acid Multichem

Vitamin C

ASCORBIC ACID

Tab 100 mg

Cvite

Vitamin D

COLECALCIFEROL

Cap 1.25 mg (50,000 iu)

Vit.D3

Oral liquid 188mcg per ml (7500 iu per ml)

Puria

Multivitamin Preparations

MULTIVITAMIN RENAL

Cap

Clinicians Renal Vit

MULTIVITAMINS

Powder

(inborn errors of metabolism only)

Paediatric Seravit

VITAMINS

Tab (BPC cap strength)

Mvite

Cap (fat soluble vitamins A, D, E, K)

Vitabdeck

Minerals

Calcium

CALCIUM CARBONATE

Tab 1.25 g (500 mg elemental)

Calci-Tab 500

Oral liq 1,250 mg per 5ml (500 mg elemental)

Roxane

Only when prescribed for patients unable to swallow calcium carbonate tablets or where calcium carbonate tablets are inappropriate and the prescription is endorsed accordingly

Fluoride

SODIUM FLUORIDE

Tab 1.1 mg (0.5 mg elemental)

PSM

PSM (Tab 1.1mg elemental) to be delisted 1 March 2023

Iodine

POTASSIUM IODATE

Tab 253mcg (150mcg elemental iodine)

Neurotabs

Iron

FERROUS FUMARATE WITH FOLIC ACID

Tab 310 mg (100 mg elemental) with folic acid 350 mcg

Ferro-F-Tabs

FERROUS FUMARATE

Tab 200 mg (65 mg elemental)

Ferro-tab

FERROUS SULPHATE

Tab long-acting 325 mg (105 mg elemental)

Ferrograd

Oral liquid 30 mg (6 mg elemental) per 1 ml

Ferodan

Zinc

ZINC SULPHATE

Cap 137.4 mg (50 mg elemental)

Zincaps

Oral Electrolytes

COMPOUND ELECTROLYTES

Powder for oral soln-

Up to 5 sachets available on a PSO

Electral

COMPOUND ELECTROLYTES with GLUCOSE (DEXTROSE)

Solution with electrolytes (2x500ml

Pedialyte Bubble Gum

POTASSIUM CHLORIDE

Tab eff 548 mg (14mmol)

Chlorvescent not fully subsidised

Tab long-acting 600 mg (8mmol)

Span-K

SODIUM CHLORIDE

Oral liquid (4mmol/ml)

Sodium chloride inj 23.4%, 20 ml qs

Water qs

(Only funded if prescribed for treatment of hyponatraemia)

qs Sufficient quantity

PHOSPHORUS

Tab eff 500mg (16mmol)

Phosphate Phebra

Pancreatic Enzymes

PANCERATIC ENZYME

Cap pancreatin 150 mg

Creon 10000

Cap pancreatin 175 mg

Panzytrat

Cap pancreatin 300 mg

Creon 25000

Modified release granules 60.12 mg

Creon Micro